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Itinerary Spanish Program and Play Therapy

March 16th to March 24th, 2019 in Grecia, Costa Rica

Saturday, March 16	<ol style="list-style-type: none"> 1. Arrival to Costa Rica 2. Transportation to Villas Azaleas or host families in Grecia 3. Welcome dinner in La Casa de Miguel Restaurant
Sunday, March 17	Full day excursion to Herradura Beach and Jacó Beach.
Monday, March 18	<ol style="list-style-type: none"> 1. Morning: 7:30 am. Placement test in the School - Spanish classes. 2. Afternoon: 12:00 pm. Walking tour of Grecia, visit the most important places around town. 3. 2:00 pm. Orientation to the program (Alba y Alejandro) (1 CEU) “What we will be doing and what we won’t be doing – we will be learning about play and play therapy. (We will be practicing play with children but not providing therapy) 4. 3:00 pm. Lecture with professor Williamson (2 CEU) Play therapy: an introduction to the topic of play therapy, including a brief history and overview of the theoretical roots to play therapy” 5. 5:00 pm. Dance class. <u>Styles:</u> salsa, merengue and cumbia! 6. Night: Homework and free time.
Tuesday, March 19	<ol style="list-style-type: none"> 1. Morning: 8:00 am. to 12:00 pm. Spanish classes including one hour of conversation and vocabulary related to the topic of play therapy and therapy with children (1 CEU). 2. Afternoon: 12:00 pm. Latin cuisine cooking classes (lunch included). 3. 3:00 pm. Lecture with Lic. Cárol Pérez regarding play therapy with follow up discussion with professor Williamson (2 CEU) Topic: “Similarities and differences regarding play therapy” 4. Night: Homework and free time.
Wednesday, March 20	<ol style="list-style-type: none"> 1. Morning: 8:00 am. to 12:00 pm. Spanish classes including one hour of conversation and vocabulary related to the topic of play therapy and therapy with children (1 CEU). 2. Afternoon: 1:30 pm. Lecture regarding play therapy with elderly with follow up discussion with professor Williamson (2 CEU). 3. Night: Homework and free time.
Thursday, March 21	<ol style="list-style-type: none"> 1. Morning: 8:00 am. to 12:00 pm. Spanish classes including one hour of conversation and vocabulary related to the topic of play therapy and

	therapy with children (1 CEU). 2. Afternoon: 1:30 pm. Field visit to an elementary school with follow up debrief: professor Williamson (2 CEU) 3. Night: Homework and free time.
Friday, March 22	1. Morning: 8:00 am. to 10:00 am. Spanish classes including one hour of conversation and vocabulary related to the topic of play therapy and therapy with children (1 CEU). 4. 10:30 am. Field visit to a Senior Citizens Day Care Center. with follow up debrief: professor Williamson (2 CEU) 2. Farewell lunch 3. Afternoon: Closing lecture with professor Williamson (2 CEU)
Saturday, March 23	Full day excursion to Rancho Amalia and Arenal Volcano + Hot Springs. Lunch included.
Sunday, March 24	Departures

Total of 15 CEUs may be used towards the credential of a Registered Play Therapist. More information regarding the requirements may be found at www.a4pt.org

Price per person: \$760 staying with a host family / \$680 staying in a villa

Including:

1. Pick up and drop off from/to San José International Airport
2. One week of Spanish classes for all levels (20 hours). Maximum 4 students per classroom
3. Welcome lunch
4. Study materials
5. City walking tour in Grecia
6. 24/7 emergency assistance
7. Two lectures with a local specialist about play therapy.
8. Visit to an elementary school in Grecia
9. Visit to a Senior Citizens Day Care Center
10. Coffee break during the Spanish classes
11. Accommodations in villa includes cleaning and laundry service (no meals included)
12. Accommodations with a host family includes breakfast, dinner and laundry service
13. Internet access in the school and villas
14. Dance class and cooking class
15. Full day excursion to Herradura Beach and Jacó Beach. Includes: entrance fee, tour guide and transportation.
16. Full day excursion to Arenal Volcano area: hiking at Zarcero (rural area) and hot springs. Includes, entrance fees, lunch, tour guide and transportation.
17. Farewell party

Note: At the villas the occupancy would be double, triple or quadruple, no sharing beds.